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JOHNS HOPKINS
MEDICINE

Instructions For Passive Drool Saliva Self Collection: Covid-19 Testing

Your provider has ordered a COVID-19 test using our self collection process. Please follow the instructions carefully to obtain a quality specimen. Please check your full name and date of birth printed on the label. If this information is wrong, please return to the registration desk that provided you the specimen tube. Please limit consumption of food and water, and avoid brushing teeth, using mouthwash, or using tobacco products at least 60 minutes prior to providing a saliva sample.

1. open specimen bottle

Remove the cap by turning counter-clockwise.



2. drool into tube

Collect a pool of saliva in mouth with lips closed. Just thinking about drooling will produce saliva--try it, it works! Place lower lip on edge of tube. Drool the pooled saliva into the tube. Do not spit into the tube. Fill the tube halfway up the slanted part. This is 1-1.5 ml.

Fill halfway up the slanted part



3. secure specimen tube & show to inspector

Secure the tube cap. Show tube to "specimen inspector" for approval; samples may be rejected if inadequate volume, discolored or "chunky." If volume is not adequate, drool more. If sample has particles, discard and recollect. If specimen is "approved," Ensure label is on the tube. Place tube in an empty slot in the cooler rack.

